

HOW POSITIVE VIBRATION WORKS

Sufferings..death.. during the worldwide pandemic of corona now each of us in a self and collective understanding that whether it's a flu or other disease the cause of get effected is outside influence, whether its viral or bacterial but defeat the person when he is weaker within due to not taking proper prevention, may it mask or hygiene or getting weaker physically due to some lifestyle & habit or mentally due to chronic bankruptcy in social relationship or spirituality due to difference in thinking, saying and doing.

People died in Delhi streets due to non availability of hospital bed or dip down oxygen level and non availability of oxygen cylinders.....but if you go deep most of the cases worsen due to panic, lack of confidence and lack of trust influenced by surroundings.....without knowing the reality.....

One day there was an arguments between a snake and frog, the snake was saying that I am so mighty, when I bite people don't get time to even take a glass of water.....the frog disagreed, it say no due to preoccupied attitude they die, not the poison.... by the time one passerby was approaching, as per their decision, they took their place and the snake bite the person & hide inside bush and simultaneously the frog jumped over the feet of that person, as if that was a frog bite..... the person only saw the frog, understood it as frog bite and keep walking.....both frog and snake followed him up to a distance and saw nothing happen, he was walking as similar he was before that bite episode.

When a prisoner was sentenced to death in the United States, some of the scientists there thought that an experiment would be done on this prisoner, then that prisoner was told that he would be killed by a poisonous cobra rather than hanged.

A large poisonous snake was brought in front of him and the prisoner's eyes were blindfolded and tied on a chair, after which he was not bitten by a snake and hit the safety pin.

Surprisingly, the prisoner died in 2 seconds. *

Post-mortem report in prisoner's body confirmed POISON inside body and death due to neuropathic reaction inside.

After the post-mortem, it was discovered that this poison was produced by the mental body in the prisoner's body, due to mental fear.

This means that according to our own mental state, Positive or Negative energy is produced, accordingly HORMONES are produced in our body, 90% of the root cause of the disease is negative energy generation.

Today most of the cases man is destroying himself by creating false thoughts.

During the pandemic there are numerous examples where with 85% oxygen saturation people died due to sudden stop of availability of oxygen supply whereas with full of self confidence lots of people revived their saturation of oxygen even from 50% -55%, by doing various yogic exercise and proper nutrient diet, along with taken basic medication, staying at home environment.

It has been proven fact that meditation has gained millions of converts, helping them ease chronic pain, anxiety, stress, improve heart health, boost mood and immunity, and resolve pregnancy problems.

Any condition that's caused or worsened by stress can be alleviated through meditation, says cardiologist Herbert Benson, MD, well known for three decades of research into the health effects of meditation. He is the founder of the Mind/Body Institute at Harvard Medical School's Beth Israel Deaconess Medical Center.

"The relaxation response [from meditation] helps decrease [metabolism](#), lowers blood pressure, and improves heart rate, breathing, and brain waves," Benson says. Tension and tightness seep from muscles as the body receives a quiet message to relax.

There's scientific evidence showing how meditation works. In people who are meditating, brain scans called MRI have shown an increase in activity in areas that control metabolism and heart rate. Other studies on Buddhist monks have shown that meditation produces long-lasting changes in the [brain](#) activity in areas involved in attention, working memory, learning, and conscious perception.

Our organization for the welfare of mankind promotes this natural ways of increasing positive vibes to enhance the immune system in a customized way for anyone who wants that.

- : Unconditional love and welfare of nature itself helps individuals to enhance immunity to fight with virus/bacteria/ germs by increasing spiritual strength.
- : Think Positive and believe good will happen, itself brings better result.
- : Visualize the scene of healthy life itself make the physical change towards disease free & healthy physic.
- : Taking scientific precaution and maintain hygiene with nature friendly life style and diet habit always work as a shield for any virus or bacteria.
- : doing good work always maintains tranquility of mind and helps to gain dependency on creator and acceptance of things happenings in environment.
